# Protect against financial elder abuse

**Elder abuse** can be defined as a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person.<sup>1</sup> Financial abuse is one of the most common forms of elder abuse in Canada.

## Protect yourself from financial abuse:

- Keep your personal and financial information (PIN, passwords etc.) safe, do not share this information
- Lend money only if you want to, and have a signed document for repayment or if you don't expect it back
- Set up automatic payments for bills and deposits into your bank account; review your financial records for anything unusual
- Understand all documents before you sign them
- Speak with your financial representative and add a Trusted Contact Person to your file
- Have an enduring or continuing power of attorney appointing someone you trust to look after you and your finances
- Stay connected with family, friends and your community

## Recognize some of the warning signs of financial abuse:

- Lack of food, unpaid bills or eviction notices piling up in the home
- Confusion about financial situation, signing of legal documents
- Withdrawals or bank transfers or disappearance of belongings or property that cannot be explained
- Suspicious signatures on cheques or other documents
- The person managing the senior's financial affair is evasive or uncooperative
- Sudden changes in a will or power of attorney
- High risk portfolios or investments that do not reflect the risk profile of the older investor

1 World Health Organization definition

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### Where there's one form of abuse, there may also be other forms of abuse. If you suspect elder abuse, call:

Your local police

Crime Stoppers 1-800-222-8477

**Seniors Safety Line** 1-866-299-1011

Assaulted Women's Helpline 1-866-863-0511

Canadian Anti-Fraud Centre 1-888-495-8501 JusticeNet 1-866-919-3219

Legal Aid Ontario 1-800-668-8258

Office of the Public Guardian and Trustee 1-800-366-0335 Director, Ministry of Health and Long-term Care (if the person lives in a long-term care facility/nursing home) 1-866-434-0144

Registrar, Retirement Homes Regulatory Authority (if the person lives in a retirement home) 1-855-275-7472

#### Learn more at GetSmarterAboutMoney.ca

#### **Ontario Securities Commission**

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